

SUPACORE OLIVIA CORETECH®

Compression Leggings — Care & Use Guide

Putting On Your Compression Leggings

- Gather each leg of the garment before placing your foot through.
- Pull the garment upward gradually, working section by section along the leg.
- Avoid pulling the leggings up only from the waistband, as this can place unnecessary strain on the inner-leg seams.
- Remove shoes before putting on or taking off the garment, especially footwear with studs.
- Take care around jewelry, watches, or other objects that may snag or pull the fabric.

Washing & Care

- Cold gentle machine wash, inside out, with like colors.
- Do not bleach.
- Do not tumble dry.
- Do not iron.
- Do not dry clean.
- Do not use fabric softener.

Chlorine & Salt Water

Supacore does not recommend wearing its compression garments for recovery sessions in chlorinated pools because chlorine can damage the fabric and reduce product longevity.

If the garment is exposed to chlorinated or salt water, rinse it immediately in clean water.

Fit & Everyday Use

These are high-compression garments. Put them on carefully and progressively rather than stretching or pulling forcefully. Correct sizing and proper handling help preserve the garment's compression, fit, and fabric integrity.

Care reminder: Handle the garment with care and follow these instructions to help maximize product longevity.